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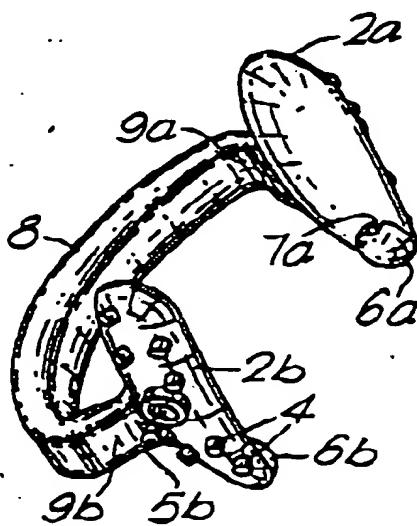
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## (57) Abstract

Devices for improving nasal breathing and to nasal drug delivery devices having two end portions (2a, 2b) of a resilient material in the form of relatively thin tabs, preferably having a gentle curvature, interconnected by a resilient member (8). Upon bending of the connecting member, the two end tabs can be positioned in respective nostrils where they will be biased outwardly against the nasal side walls, the outward biasing force being sufficient to locate the device in the nose and to dilate the anterior part of each nasal cavity by an amount to improve nasal breathing. No part of the device is gripingly engaged with the septum and a substantial free passage for air flow remains between the septum wall and the non-nasal side wall-contacting face of each end tab.

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Nasal Devices

The present specification relates to nasal devices. In particular, it relates to devices for improving nasal breathing capacity and to nasal drug-delivery devices.

5 The nose is divided into two cavities by a thin wall or septum in the mid-line. The side walls are irregular due to three baffles important for the air condition function and all the walls are covered by mucous membranes which have a large 10 ability to warm and humidify the inspired air.

If breathing through the nose is impaired so that breathing through the mouth becomes necessary, "conditioning" of the inspired air occurs less 15 efficiently and hence drying of the mucosa in the throat and bronchi may result. In many patients with asthma, the bronchial mucosa is highly susceptible to inhalation of cold air and it is thus particularly desirable for such individuals to breathe only 20 through the nose. If the anterior part of each nasal cavity is dilated, the ability to breathe through the nose increases significantly.

A further undesirable effect related to airway obstruction in the nose is snoring. A snoring sound is generated during inspiration when there 25 is an airway obstruction in the nose or throat which is overcome by deep breathing resulting in vibration of the soft tissues in the palate and throat and is a very common phenomenon in sleeping individuals. About 20% of normal adults snore 30 habitually, the phenomenon being more common in men than women and in people aged over 40. Despite this, no device for preventing snoring has as yet found wide-spread acceptance. The most commonly used method for stopping an individual snoring

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remains to disturb them so that their breathing pattern is modified. However, when the person falls fully asleep again snoring is liable to recur.

An alternative means of preventing snoring 5 is to dilate the anterior part of each nasal cavity so that nasal breathing capacity is improved. While devices for insertion in the nose to improve nasal breathing capacity have previously been disclosed none of these, however, are suitable for long term 10 every day use either by individuals with a snoring problem or asthma sufferers in view of liability to cause unacceptable discomfort and/or the increase in size of the nasal cavities being off-set to a large degree by the size of the portions of the 15 device inserted therein. Moreover, some of these devices are unacceptable from an aesthetic point of view for general daytime use by asthma sufferers.

GB-A-1244146, for example, discloses a device for facilitating nasal breathing comprising two 20 spherical or ellipsoidal frames for insertion into the nostrils, the frames being formed of a plurality of interconnected rings of a non-oxidisable metal or rigid plastic material and being connected by a loose linkage of further such rings. When fitted 25 into a nose, each spherical or ellipsoidal frame of a device of this type fills much of the lower part of the nasal cavity into which it is inserted and contacts both the septum and the interior surface of the side wall. The frames are liable to cause 30 irritation, particularly if they contact the sensitive nasal mucosa, and may give rise to nose bleeds and ulcers. These same problems are shared by devices more recently disclosed in GB-A-2126101 for assisting nasal breathing, wherein the end 35 pieces inserted into the nasal cavities are helical coils formed, for example, from lightly tempered stainless steel and joined by a simple loop of the same material which fits around the septum.

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The helical coils, when inserted into the nostrils of an individual, contact both the nasal side walls and the septum and significantly disrupt air flow through the anterior part of each nasal cavity.

5 Such devices cannot be maintained in the nose with a high degree of comfort for a long period of time and despite their ease of construction have not been widely used either for alleviation of snoring or for use in treatment of other conditions where 10 an increase of nasal breathing is desirable.

Devices are also known for fitment in the nose of an individual which are intended to have the dual function of improving nasal breathing capacity and enabling delivery of drugs into the 15 nasal cavities, but none of these have found widespread favour for use in medical practice, e.g. in the treatment of asthma sufferers. For example, GB-A-768488 discloses nasal drug delivery devices consisting of a generally U-shaped resilient strip 20 with two arms for fitment in the nasal cavities of an individual, the two arms having at the upper end a closed oval loop with claws to hold a drug-impregnated absorbent material, e.g. gauze or cotton wool. Such devices undesirably depend for retention 25 in the nose both upon outward pressure of a portion of each arm against the adjacent nasal side wall and upon a pincenes formed by a lower region of each arm which grips the septum. Moreover, when a device of this type is employed in the drug-loaded 30 form, the protrudance of the drug-holding portions outwards from the nasal side walls towards the septum substantially reduces the free passageway for air flow through the anterior part of each nasal cavity. Nasal drug delivery devices which 35 depend for retention in the nose upon contact with both the septum wall and the interior of the nasal side walls are also disclosed in US-A-2243360. In the case of these devices, two casings for holding

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a medicament, which are shaped respectively to fit the lower internal section of a human right and left nostril, are engaged with both the septum and nasal side walls by means of a resilient bridge

5 member interconnecting the two casings. When such a device is fitted in the nose, as with the drug-delivery devices of GB-A-768488, increase in nasal air flow is, however, considerably restricted by partial obstruction of the nasal cavities.

10 Further nasal drug delivery devices are known, which are intended to provide some improvement of nasal breathing capacity and which depend for retention in the nose solely or at least principally upon contact of end portions with the nasal side

15 walls. Representative of such devices are nasal drug delivery devices disclosed in FR-A-1001434 and DE-PS-381127 consisting of two drug-holding, perforated capsules connected by a resilient member, which when bent to insert the end capsules into

20 the nasal cavities of an individual causes the end capsules to be pressed outwardly against the nasal side walls. Because, however, of the bulbous shape of the drug containers the increase in nasal cavity size is severely negated and such devices

25 are not favourable for retention in the nose for long periods.

The majority of known nasal drug delivery devices when appropriately positioned in the nose of an individual in fact provide little or no increase

30 in nasal breathing capacity by virtue of dilation of the nasal cavities and some even significantly reduce nasal breathing capacity as a result of the shape of the nasally-inserted portions. Such devices are exemplified by the devices disclosed

35 in GB-A-520491, DE-PS-882601, FR-A-394505, FR-A-1351537, FR-A-1182602, FR-A-630889, FR-A-1046299, US-A-1950926, US-A-2264153, US-A-2277390, US-A-2715904 and GB-A-354998.

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There is thus a need for improved devices for facilitating nasal breathing, with or without the capability for nasal drug delivery, which combine a high degree of comfort with a high degree of 5 effectiveness in increasing nasal cavity size and which are sufficiently unobtrusive for every day use. Such devices provide the basis for the present specification.

There is thus disclosed a device which represents 10 an improvement over GB-A-768488, in which there is disclosed a device for positioning in the nose to improve nasal breathing comprising two end portions interconnected resiliently so that when positioned in respective nostrils the end portions are biased 15 outwardly against the nasal side walls. Having regard to this particular prior art, the device disclosed herein is characterised in that the said end portions are in the form of relatively thin tabs of a resilient material, the outward biasing 20 force is sufficient to locate the device in the nose and to dilate the anterior part of each nasal cavity by an amount to improve nasal breathing and no part of the device is grippingly engaged with the septum.

25 The use of flat tabs means that a substantial free passage for air flow will remain between the septum wall and the non-nasal side wall contacting face of each of the said end portions. Furthermore, by having flat tabs which are resilient, comfort 30 is increased and the area of engagement with the nasal side wall is increased. This makes it possible to dispense with other location means, such as engagement with the septum as in the case of the devices of GB-A-768488.

35 In preferred embodiments, the length of extension of the end tabs into the nasal cavities will be chosen such that the end tabs avoid contact with the sensitive nasal mucosa. Importantly, by virtue

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of the fact that such a device is retained in the nasal cavities solely or at least principally by substantially even pressure outwards via the end tabs against the nasal side walls below the mucosa,

5 it may be fitted in the nose for long periods of time, e.g. overnight, without significant discomfort and without liability to cause nose bleeds or ulcers.

Moreover, the adaptation of the end tabs to fit closely up against the nasal side walls when correctly

10 inserted in the nose greatly facilitates increase of air flow. Devices of this type will have a high degree of patient acceptability and their manner of insertion can be readily learnt, even by young children.

15 The end tabs are desirably about 1-2 mm in thickness and interconnected by a narrow resilient member, for example about 4-5mm in width and preferably thicker at the centre than at either end. The precise shape of each end tab will be chosen having  
20 regard to the effect required and the nose of the user. It is particularly desirable for the end tabs to have a gentle curvature, preferably with a maximum depth of curvature of about 1-2 mm, in which case when the device is correctly inserted  
25 into the nose, the convex faces of the end tabs should contact the nasal side walls.

Generally, the maximum length of extension of the end tabs into the nasal cavities will be about 15-20 mm and the maximum width of each end  
30 tab about 6-10 mm. In the case of a large male nose, for example, the maximum length of extension of each end tab into its respective nasal cavity will typically be about 17-20 mm and the maximum width of each end tab will be about 10 mm. In  
35 the case of a small child, these dimensions will typically be reduced for example to about 15-17 mm and about 6-8 mm respectively.

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Preferably, at their lower ends the tabs will extend below the connecting member to form a tapering bottom portion, generally about 4-7 mm in length and preferably having a convexly-curved 5 edge, which is intended to contact the floor of the nasal cavity thus assisting retention of the device in the nose. In order to assist retention of the device in the nose, gripping means may also be provided on the nasal side wall-contacting face 10 of each of the end tabs so as to enhance engagement with the nasal side wall. Thus, a plurality of small circular protruberances or suction cups, generally about 1 mm in diameter and about 1mm in length, may be provided on the nasal side wall-contacting faces of the end tabs. Generally, such protruberances or suction cups will be spaced as 15 far as possible at substantially regular intervals.

The top of each end tab will generally either be convexly-curved or a substantially straight 20 sloping edge. In the latter case, the top edge will slope downwards towards the outer side, the difference in height between the two ends of the top edge being approximately 2-3 mm.

The material of the end tabs should be non-toxic and for comfort will desirably be a soft, 25 flexible polymeric material, e.g. a synthetic rubber or plastic. Conveniently, the end portions and the interconnecting portion may be formed as a single unit from a suitable non-toxic polymeric 30 material. For example, a particularly preferred polymeric material for construction of a device of the present invention is silastic, which is often used in surgery because it is harmless to tissues. By using materials of varying flexibility, 35 devices of identical dimensions, but with different nostril dilating ability may be obtained. The material or materials of such a device will, however, generally be chosen so that it is very light, preferably only about 1 gram or less.

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There are large variations amongst adults in height and length of the nose, but the distance between the nasal side walls of adults is fairly constant. For most noses, a suitable length for 5 the connecting member between the two end tabs will generally be about 3.5 - 5.5 cm.

As noted above, preferably this portion will be thinner at each end than in the central region. Thus, the thickness will generally vary from about 10 0.5 - 1 mm to about 2-4 mm in the central region. Most preferably, the end tabs will be displaced from each other by a connecting member having two hinge sections separated by a thicker central region. Thus, for example, the connecting member may have 15 at either end a short-curved hinge section, e.g. of about 0.5 cm, with the concave surface of each hinge region abutting on to the nasal side wall-contacting face of the adjacent end tab. In this case, the dimensions of the hinge regions and the 20 central region of the connecting member will be such that when the device is inserted into the nose the bending of the central region is minimized and most of the bending movement is taken by the hinge regions. By using this form of connecting 25 member, a nasal device is obtained which will fit with comfort into a range of noses despite small variations in length between the nasal side walls.

Generally, the connecting member will be substantially uniform in width. Thus, if the connecting 30 member is formed of a soft polymeric material such as silastic, it will typically be about 4-5 mm in width along the entire length. In the case of use of a stiffer material, e.g. a stiff plastic, this width may be reduced. Thus, the connecting 35 member may be in the form of a thin thread.

A device of the type of the present invention, suitable for dilating the anterior part of each nasal cavity of an individual, may be used whenever

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it is desired to improve nasal breathing capacity. Such devices are especially useful, for example, for asthma sufferers and habitual snorers.

Thus, viewed from another aspect, there is

5 disclosed herein a method of improving nasal breathing wherein a device of the present invention capable of dilating the anterior part of each nasal cavity is positioned in the nose.

According to yet another aspect, there is

10 provided a method of reducing or preventing snoring wherein such a device is employed in the same way.

A device of the present invention may also be used as a means for nasally administering a drug. Thus, the end tabs may bear a drug or drug

15 formulation. The drug or drug formulation may, for example, impregnate the end tabs or alternatively may be present in one or more surface cavities or as a coating. One or more surface drug holders

in the form of surface indentations or raised wall  
20 cavities may, for example, be provided on the nasal  
side wall-contacting face of each end tab suitable  
for administration of a drug via absorption across  
the nasal wall surface into the blood. One or

25 Indentations, raised wall cavities or pockets may additionally or alternatively be provided on the non-nasal side wall contacting face of each end tab. Such holders may be employed for administration of drugs, e.g. volatile drugs, by inhalation.

30 In the case of nasal drug delivery devices  
of the present invention provided with drug containers  
in the form of surface indentations or raised wall  
cavities, these will generally be substantially  
circular, e.g. about 2-3 mm in diameter. In the  
35 case of provision of at least one raised wall cavity  
on the nasal side wall contacting face of each  
end tab, these drug containers will preferably  
be accompanied by small circular protuberances

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or suction cups as hereinbefore described of substantially the same height, e.g. about 1mm, and substantially uniformly distributed over the remainder of the same end tab faces.

5 It is particularly preferred to provide on end tabs having a tapering section extending below the connecting member a drug container in the form of a pocket located at the bottom of the non-nasal side wall contacting face. Such a drug holder

10 will preferably be in the form of a semi-spherical protruberance having an upper aperture, e.g. maximally extending outwards from the non-nasal side wall contacting face of the end tab by about 2-3mm. Such end tabs may preferably additionally have

15 at least one raised wall cavity on the nasal side wall-contacting face as described above and will most desirably be of curved form.

For incorporation in surface indentations, raised wall cavities or pockets of a drug-delivery 20 device of the present invention or formation of a drug-containing coating on the end tabs of such a device, a drug will generally be employed in a gradual release form. For example, a drug for this purpose may be mixed with a fixing agent which 25 melts slowly at the normal temperature of the nasal cavities, for example, white chocolate, or it may be in crystalline form and evaporated by the warmth of the nasal wall and the expired humid air from the lungs.

30 Thus, viewed from a still further aspect, there is disclosed herein a method of nasally administering a drug wherein a device according to the present invention having end tabs bearing said drug or a formulation comprising said drug is positioned

35 in the nose.

A nasal drug delivery device of this type, which when in use enables improved nasal breathing capacity, is particularly desirable for administration

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of anti-asthmatic drugs of the  $\beta_2$ -adrenoceptor agonist or corticosteroid type. These drugs are commonly administered by oral inhalation. However, this manner of administration has the drawback that 5 generally only 5-10% of the drug administered actually reaches the bronchi, since much of the dose is deposited in the throat. Furthermore, some asthma sufferers are unable to acquire the technique for use of an oral aerosol spray. Using a nasal drug 10 delivery device of the present invention, an anti-asthmatic drug of the  $\beta_2$ -adrenoceptor agonist or corticosteroid type can be administered efficiently and very conveniently over several minutes or several hours.

15 Nasal drug delivery devices of the present invention have far wider applicability than in the treatment of asthma. Such devices may be used to administer any drug which is absorbed across the nasal/bronchial mucosa and is effective in 20 low doses, e.g. less than one milligram, or any drug for local treatment in the nasal cavities. Hormones such as insulin, growth hormone and anti-diuretic hormone, which cannot be taken orally because of their susceptibility to attack by proteolytic 25 enzymes of the digestive tract may, for example, be administered in this way. Examples of drugs for local treatment in the nasal cavities which may also be administered by means of a drug-delivery device as hereinbefore described include nasal 30 decongestants. Using such a device rather than a nasal spray, a decongestant can be better distributed in the nasal cavities and, if desired, administered continually over a long period. Further, some immediate relief may be obtained upon insertion 35 of the device as a result of dilation of the anterior part of each nasal cavity.

A particularly important advantage of a drug delivery device of the present invention is that

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it can be used to administer a pre-determined dose of a drug to an individual even while asleep. This is well illustrated by consideration of the problems of asthma sufferers. Most asthma sufferers have more trouble with their breathing during the 5 night than during the day. Before retiring to bed, an asthma sufferer may reduce his liability to develop asthma symptoms in his sleep by inserting an anti-asthmatic drug delivery device of the present invention, desirably a device capable of releasing 10 an effective amount of an anti-asthmatic drug over several hours. Use of a simpler nasal device as provided by the present invention to just improve nasal breathing capacity overnight may also be beneficial, particularly if the asthma sufferer 15 has a cold and is therefore more liable to breathe orally.

Specific embodiments of nasal devices according to the present invention incorporating some of the features discussed above will hereinafter be 20 described by way of example with reference to the accompanying drawings wherein:

Figure 1 is a plan view of a device for improving nasal breathing capacity with the non-nasal side wall-contacting faces of the end tabs uppermost;

25 Figure 2 is a side view of the device of Figure 1;

Figure 3 illustrates the device of Figure 1 in the bent form ready for insertion into the 30 nasal cavities;

Figure 4 shows the non-nasal side wall contacting face of an end tab of a drug-delivery device based on the device as shown in Figures 1 to 3;

Figure 5 shows a perspective view of a preferred 35 nasal drug delivery device of the present invention suitable for a male adult nose (scale 100:154);

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Figure 6 is an end view of an end tab of the device of Figure 5;

Figure 7 is a side view of the device of Figure 5;

5 Figure 8 shows a plan view of the device of Figure 5 with the concave, i.e. non-nasal side wall contacting, faces of the end tabs uppermost;

Figure 9 shows a plan view of the device of Figure 5 with the convex, nasal side wall contacting 10 faces of the end tabs uppermost;

Figure 10 shows a plan view of a child's version of the device of Figure 5 (scale 100:154); and

15 Figure 11 illustrates the device of Figure 5 in the bent form ready for insertion into the nasal cavities.

Referring firstly to Figures 1 to 3, the device is formed as a single unit from a non-toxic, soft, flexible polymeric material, e.g. silastic. The two end portions 2a,2b are in the form of gently 20 curved tabs, about 1mm in thickness and about 10mm wide, interconnected by a resilient connecting member 1, about 3.5cm long, about 4-5 mm wide and varying in thickness from about 1mm at either end to about 2mm in the central region. The top edge 25 of each end tab slopes downwards towards the outer side, the difference in height between the two ends of the top edge being about 2-3mm. As stated above, there are large variations amongst adults in height and length of the nose, but the distance between 30 the nasal side walls of adults is fairly constant. The dimensions of the illustrated device have been chosen so that it will be suitable for use in a wide range of adult noses, e.g. to alleviate snoring. When the device is correctly inserted into a normal adult nose with the connecting member bent so that

the concave faces of the end tabs are towards each other, the end tabs will extend about 15-17mm into the nasal cavities and will be retained in the nasal cavities resting on skin below the mucosa with their convex faces in contact with the nasal 5 side walls. In an equivalent device for a young child, the length of the connecting member will be shorter and the end tabs smaller in area. In many habitual snorers deformities in the nose have been found to be an important factor accounting 10 for their tendency to snore and for such individuals the shapes of the end tabs may need to be modified.

Referring to the end portion of the nasal drug-delivery device illustrated in Figure 4, this device is identical to the device shown in Figures 15 1 to 3, except that the concave non-nasal side wall contacting face of each end tab has a plurality of surface indentations 3 for holding a drug or drug formulation, e.g. a drug mixed with a fixing agent which melts slowly at the normal temperature 20 of the nasal cavities. Depending on the fixing agent and the number and shape of the indentations, the release time of the drug may vary from a few minutes to a number of hours (e.g. 10 hours).

The more preferred nasal drug delivery device 25 illustrated by Figures 5 to 9 and 11 which is intended for use in nasally administering drugs to human males, is also formed as a single unit from a non-toxic, soft, flexible polymeric material with two end portions 2a, 2b in the form of thin curved 30 tabs of about 10mm in maximum width and having a thickness and maximum depth of curvature of about 1-2mm. The length of the end tabs 2a, 2b are such that when correctly positioned in the nasal cavities of a human male nose with the convex faces against 35 the nasal side walls, each end tab extends into its respective nasal cavity by about 20 mm so that the top convexly-curved edge is below the sensitive nasal mucosa

and the bottom tapering section of each end tab, extending below the interconnecting resilient member 1 by about 7mm, engages with the floor of the nasal cavity. Retention of the device in the nostrils 5 depends principally upon the pressure exerted outwards by the end tabs 2a,2b against the nasal side walls, but is assisted by the contact of the bottom of each end tab with the floor of the respective nasal cavity and also by small protruberances 4 of about 10 1mm in height and diameter provided on the nasal side wall-contacting faces of the end tabs.

Sited at the central region of the convex face of each end tab is a raised wall cavity 5a,5b, about 2-3mm in diameter and about 1mm in height. 15 suitable for use in administering a drug via absorption across the nasal side wall surface. Such a device can, however, additionally be employed for administration of a drug by inhalation by use of the substantially half-spherical pockets 6a,6b with upper aperture 20 7a,7b, which extend maximally outwards at the bottom of the concave face of each end tab by about 2-3mm. A drug for incorporation in either of the types of drug container will generally be in a gradual release form. Thus, the pockets 6a,6b 25 may, for example, contain a  $\beta$ -adrenoceptor agonist in combination with a fixing agent which melts slowly at the normal temperature of the nasal cavities, while the raised wall cavities 5a,5b may, for example, be employed for administration of a hormone across 30 the nasal side wall surface into the blood.

A further important feature of the device illustrated in Figures 5-9 is that the connecting member 1 consists of a thicker central region 8 of about 4.5 cm in length and varying in thickness 35 from about 2mm to about 4mm at the mid-point sandwiched between two curved hinge sections 9a,9b, each of about 0.5 cm and varying in thickness from about 2mm to about 0.5-1mm. The concave surfaces of

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these hinge sections abutt on to the convex faces of the end tabs 2a,2b, i.e. the nasal side wall contacting surfaces. When the device is fitted into a nose, only the hinge sections 9a,9b of the 5 connecting member together with the end tabs 2a,2b are substantially bent inwards and by virtue of the hinge sections 9a,9b, the device is adapted to deal with small variations between adult male noses in the distance between the nasal side walls. 10 Thus, the extent of inward bending of the hinge sections when the device is fitted will depend upon the distance between the nasal side walls of the patient.

Devices of the same form but with a shorter 15 connecting member 1 and end tabs 2a,2b of smaller area may be constructed for use in smaller noses. Thus, referring to the child's device illustrated in Figure 10, the connecting member 1 is about 3.5 cm in length with a central region 8 of about 20 2-4mm in thickness sandwiched between two much shorter curved hinge sections 9a,9b. These hinge sections are similar to the hinge sections 9a,9b, of the equivalent male adult device described above. The end tabs 2a,2b have a maximum width of about 25 8mm and when inserted into an appropriate child's nose with the convex faces towards the side walls should contact the floor of their respective nasal cavity by means of the tip of the tapering bottom section, extending about 4mm below the connecting 30 member 1, and press outwardly against the nasal side walls below the mucosa. The maximum length of extension of each end tab into its respective nasal cavity will generally be about 15 mm.

Identical devices, except for omission of 35 the drug containers and provision of small protruberances as hereinbefore described at substantially regular intervals over the whole convex face of each end tab, are alternatively highly preferred for use

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in facilitating nasal breathing when contemporaneous nasal administration of a drug is not desired.

Modifications to the specific devices described and to any broad aspects of nasal devices referred

5 to or suggested herein may be apparent to those skilled in the art and the disclosure hereof is intended to encompass any such modifications.

The devices may embody a number of inventions for which protection may be sought. The various broad

10 aspects referred to herein are intended as guides to some specific areas where inventions are presently considered to lie.

CLAIMS:

1. A device for positioning in the nose to improve nasal breathing comprising two end portions interconnected resiliently so that when positioned in respective nostrils the end portions are biased outwardly  
5 against the nasal side walls, characterised in that the said end portions are in the form of relatively thin tabs of a resilient material, the outward biasing force is sufficient to locate the device in the nose and to dilate the anterior part of  
10 each nasal cavity by an amount to improve nasal breathing and no part of the device is grippingly engaged with the septum.
2. A device as claimed in claim 1 characterised  
15 in that the said tabs are curved.
3. A device as claimed in claim 1 or 2 characterised in that each of the said tabs has a tapering lower section to enable contact with the floor of the  
20 nasal cavity.
4. A device as claimed in claim 1, 2 or 3 characterised in that gripping means are provided on the nasal side wall-contacting face of each of the said tabs  
25 so as to enhance engagement with the nasal side wall.
5. A device as claimed in claim 4 characterised in that the gripping means comprises a plurality  
30 of protruberances or suction cups.
6. A device as claimed in any preceding claim characterised in that the said tabs are interconnected by a resilient connecting member which is bent

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to provide the outward biasing force when the device is positioned in the nose, the connecting member having two hinge sections separated by a thicker central region such that when the device is located 5 in the nose the bending of the said central region is minimized and most of the bending movement is taken by the said hinge regions.

7. A device as claimed in any preceding claim 10 characterised in that each of the said tabs has at least one cavity for holding a drug.

8. A device for positioning in the nose to improve nasal breathing comprising two end portions interconnected 15 resiliently so that when positioned in respective nostrils the end portions are biased outwardly against the nasal side walls, characterised in that the said end portions are in the form of tabs of a resilient material interconnected by a resilient 20 connecting member having a relatively thick central region and a thinner hinge region at each end connected to a respective tab.

9. A device as claimed in claim 8, characterised 25 in that, in the unbent state, the tabs are displaced by the hinge regions away from the axis of the central region of the connecting member.

10. A device as claimed in claim 8 or 9 characterised 30 in that each tab is curved longitudinally and laterally and has a tapering lower section.

11. A device as claimed in claim 8, 9 or 10 characterised 35 in that each tab has a drug holder in the form of a raised wall cavity on the nasal side wall-contacting face and at the bottom of the other face a drug holder in the form of a semi-spherical protruberance with an upper aperture.

- 20 -

12. A device as claimed in any preceding claim characterised in that the tabs bear a drug or drug formulation.
- 5 13. A method of improving nasal breathing characterised in that a device as claimed in any preceding claim is positioned in the nose.
- 10 14. A method of reducing or preventing snoring characterised in that a device as claimed in any one of claims 1 to 11 is positioned in the nose.
- 15 15. A method of nasally administering a drug characterised in that a device as claimed in claim 12 is positioned in the nose.

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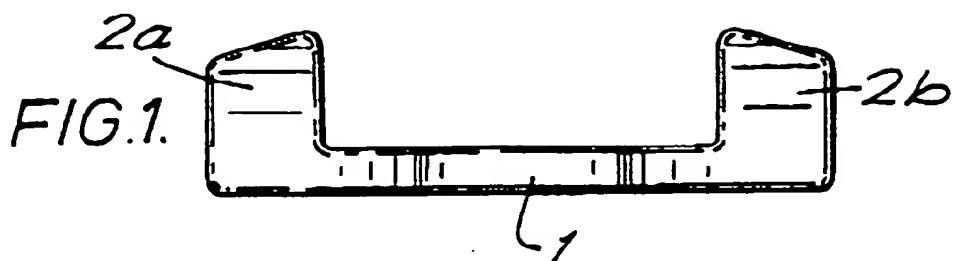


FIG. 2.

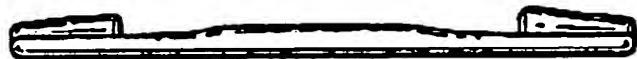


FIG. 3.

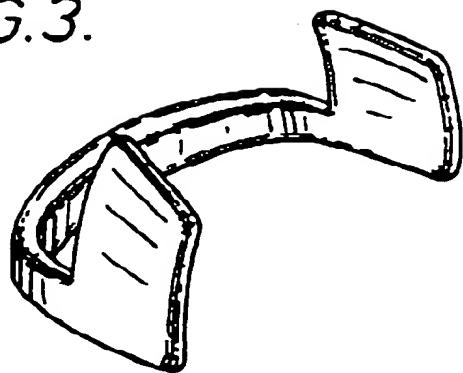
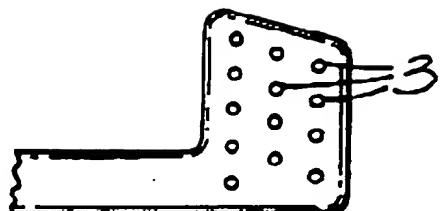


FIG. 4.



SUBSTITUTE SHEET

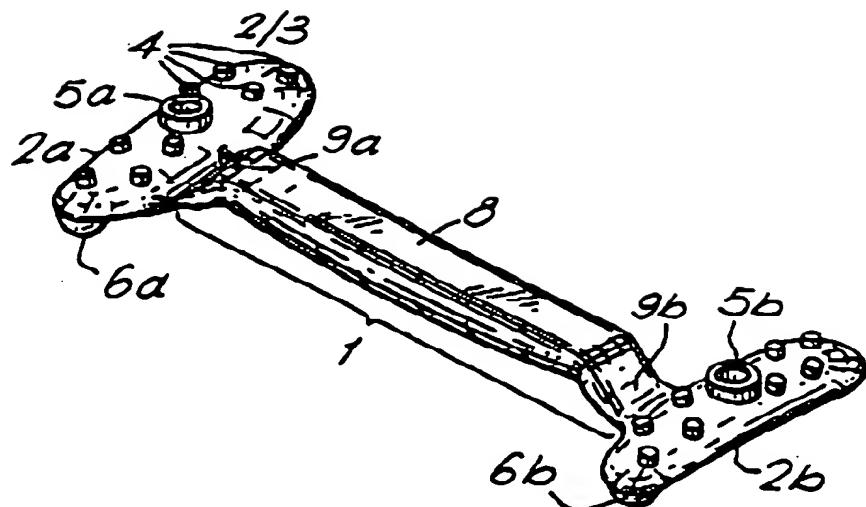


FIG. 5.

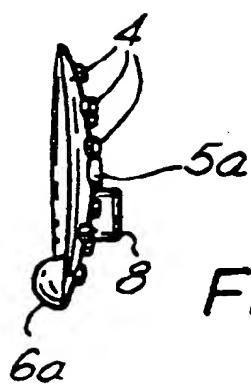


FIG. 6.

FIG. 7.

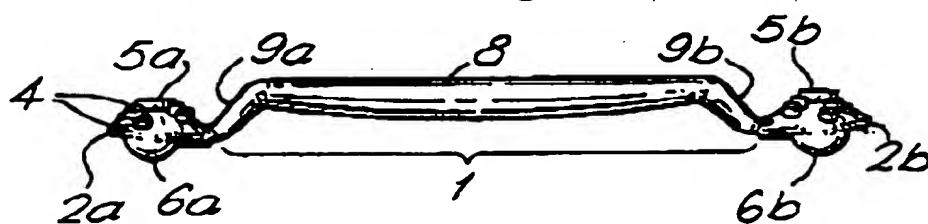
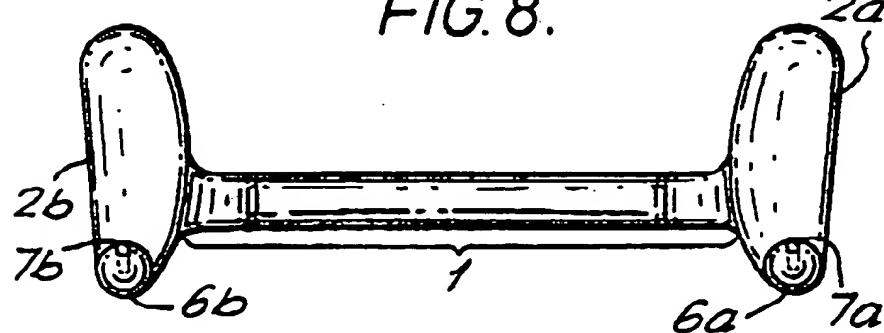


FIG. 8.



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FIG. 9.

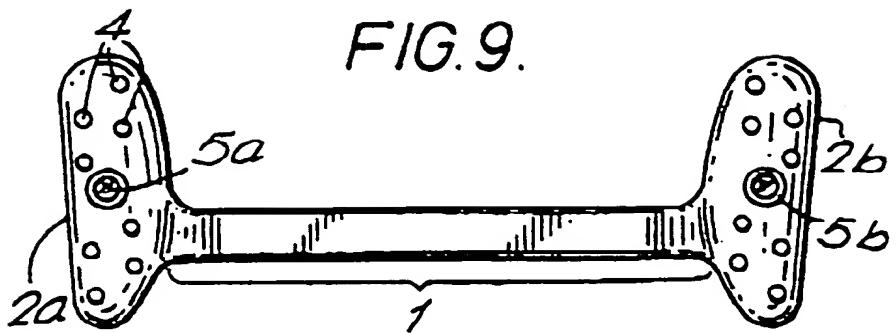


FIG 10.

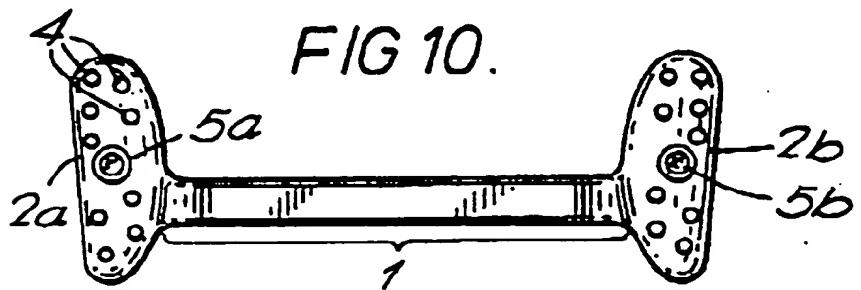
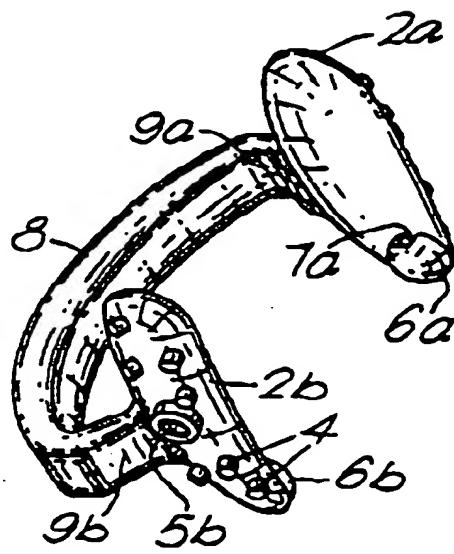


FIG. 11.



## INTERNATIONAL SEARCH REPORT

International Application No. PCT/EP 87/00718

## I. CLASSIFICATION OF SUBJECT MATTER (If several classification symbols apply, indicate all)

According to International Patent Classification (IPC) or to both National Classification and IPC

IPC<sup>4</sup>: A 61 F 5/56; A 61 M 15/08

## II. FIELDS SEARCHED

## Minimum Documentation Searched \*

Classification System	Classification Symbols
IPC <sup>4</sup>	A 61 F; A 61 M

Documentation Searched other than Minimum Documentation  
to the Extent that such Documents are Included in the Fields Searched \*

## III. DOCUMENTS CONSIDERED TO BE RELEVANT\*

Category *	Citation of Document, <sup>11</sup> with indication, where appropriate, of the relevant passages <sup>12</sup>	Relevant to Claim No. *
A	CH, A, 304190 (E.F. MUHLETHALER) 1 March 1955 see figures 1,2 --	1-4,8
A	GB, A, 768488 (P. PRIAMI) 20 February 1957 see figures 2,6; page 1, lines 25-36 cited in the application --	1-4,8
A	US, A, 2243360 (A. SLATIS et al.) 27 May 1941 see figures 3,5 cited in the application -----	1-4,8

- \* Special categories of cited documents: <sup>13</sup>
- "A" document defining the general state of the art which is not considered to be of particular relevance
- "B" earlier document but published on or after the international filing date
- "C" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)
- "D" document referring to an oral disclosure, use, exhibition or other means
- "P" document published prior to the international filing date but later than the priority date claimed
- "T" later document published after the international filing date or priority date and not in conflict with the application but used to understand the principle or theory underlying the invention
- "X" document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step
- "Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art.
- "Z" document member of the same patent family

## IV. CERTIFICATION

Date of the Actual Completion of the International Search

7th March 1988

Date of Mailing of this International Search Report

19 APR 1988

International Searching Authority

EUROPEAN PATENT OFFICE

Signature of Authorized Officer

Mr. VAN MOL

## FURTHER INFORMATION CONTINUED FROM THE SECOND SHEET

V.  OBSERVATIONS WHERE CERTAIN CLAIMS WERE FOUND UNSearchable

This International search report has not been established in respect of certain claims under Article 17(2) (a) for the following reasons:

1.  Claim numbers ..... because they relate to subject matter not required to be searched by this Authority, namely:

\* Claims 13-15

See PCT Rule 39.1(iv): Methods for treatment of the human or animal body by surgery or therapy, as well as diagnostic methods.

2.  Claim numbers ..... because they relate to parts of the international application that do not comply with the prescribed requirements to such an extent that no meaningful international search can be carried out, specifically:

3.  Claim numbers ..... because they are dependent claims and are not drafted in accordance with the second and third sentences of PCT Rule 6.4(a).

VI.  OBSERVATIONS WHERE UNITY OF INVENTION IS LACKING

This International Searching Authority found multiple inventions in this International application as follows:

1.  As all required additional search fees were timely paid by the applicant, this International search report covers all searchable claims of the International application.

2.  As only some of the required additional search fees were timely paid by the applicant, this International search report covers only those claims of the International application for which fees were paid, specifically claims:

3.  No required additional search fees were timely paid by the applicant. Consequently, this International search report is restricted to the invention first mentioned in the claims: it is covered by claim numbers:

4.  As all searchable claims could be searched without effort justifying an additional fee, the International Searching Authority did not invite payment of any additional fee.

## Remarks on Protest

The additional search fees were accompanied by applicant's protest.

No protest accompanied the payment of additional search fees.

ANNEX TO THE INTERNATIONAL SEARCH REPORT  
ON INTERNATIONAL PATENT APPLICATION NO.

EP 8700718  
SA 19634

This annex lists the patent family members relating to the patent documents cited in the above-mentioned international search report.  
The members are as contained in the European Patent Office EPO file on 23/03/88.  
The European Patent Office is in no way liable for these particulars which are merely given for the purpose of information.

Patent document cited in search report	Publication date	Patent family member(s)	Publication date
CH-A- 304190		None	
GB-A- 768488		None	
US-A- 2243360		None	